



# HALCION INFORMATION AND CONSENT FORM

*Taking Halcion one hour prior to your dental appointment is an excellent way to minimize or eliminate anxiety that may be associated with going to the dentist. Even though it is safe, effective, and wears off rapidly after the dental visit, you should be aware of some important precautions and considerations.*

1. This consent form and any dental treatment consent forms should be signed before you take the Halcion. They are invalid if signed after you take the medication.
2. The onset of Halcion is 15-30 minutes and the peak effect occurs between 1-2 hours. After that, it starts wearing off and most people feel back to normal after 6-8 hours. For safety reasons and because people react differently to this medication, you should **NOT** drive a car or operate machinery for the remainder of the day. You **MUST** have a driver accompany you and be in our office during your entire appointment.
3. This medication should not be used if:
  - You are hypersensitive to benzodiazepines (Valium, Ativan, Versed, etc.)
  - You are pregnant or breast feeding
  - You have liver or kidney disease
  - You are taking any of the following medications: Nefazodone antidepressant (Serzone); Cimetidine (Tagamet, Tagamet HB, Novocimetine, or Peptol); or Levodopa (Dopar or Larodopa) for Parkinson’s disease.
4. The following substances may prolong the effects of the Halcion: Benadryl, Phernegan, Calan (Verapamil), Erythromycin, HIV drugs such as Indinavir and Nelfinavir, and alcohol. There may be unusual and dangerous reactions if you are currently taking illegal drugs.
5. Side effects may include: light-headedness, headache, dizziness, visual disturbances, amnesia, and nausea. In some people, oral Halcion may not work as desired.
6. Smokers will probably notice a decrease in the medication’s ability to achieve desired results.
7. You should **NOT** eat heavily prior to appointment. You may take the medication with a small amount of food or a beverage such as juice. Taking it with too much food can make absorption into your system unpredictable.
8. Fill the Halcion prescription at the pharmacy and **DO NOT** take it until instructed in our office one hour prior to the planned dental treatment. You are responsible to purchase the Halcion.
9. On the way home from the dentist, your seat in the car should be in the reclined position. When at home, lie down with the head slightly elevated. Someone should stay with you for the next several hours because of possible disorientation and possible injury from falling.

I understand these considerations and am willing to abide by the conditions stated above. I have had an opportunity to ask questions and have had them answered to my satisfaction. I also understand there is a charge for the administration and monitoring of mild sedation with Halcion and it is not covered by insurance.

Patient Name: \_\_\_\_\_

Patient (Guardian) Signature: \_\_\_\_\_ Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Staff Signature: \_\_\_\_\_ Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_