

## Post Operative Instructions

### Root Canal Therapy

- You need to be careful and chew on the tooth as little as possible until the tooth is permanently restored.
- In most cases a crown is recommended as the permanent restoration of choice. This is because a tooth becomes brittle after root canal therapy and has an increased risk to fracture. A crown covers the tooth and prevents it from fracturing, thus protecting the investment you just made to save your tooth.
- After root canal therapy your tooth can be sore for 2-4 days. Over the counter medication often can alleviate the pain but if it doesn't, please call and we will prescribe a stronger pain medication if one hasn't already been prescribed.
- You should take some pain medication in the next hour before the anesthetic begins to wear off.
- Your bite was checked after the temporary (or permanent) filling was placed, but your jaw can move in different ways after the anesthetic wears off and when eating. If the filling feels "high" or "off", please call so we can adjust the bite.
- Even though we polish the resin it can still feel a little rough on the surface. This roughness should subside within a couple of weeks.
- If anything feels out of the ordinary or if you have any problems or questions call 737-3521.

Thank you for choosing Joiner and Zwart Dentistry for your dental needs. We appreciate it!

